

THE WORLD BELONGS
to those who enjoy it.



Wellness-Dim
ALLWEGLEHEN 



EVERYTHING IN GENTLE POWER

Regeneration & Relaxation

Our Wellness Alm at the resort offers the ideal opportunity to unwind & enjoy the treatments to the full. Let yourself be pampered by our team. Please note that the massage offers vary daily.

Our team is available for you on site at the following times:

TUESDAY 5:00 pm to 9:00 pm Miriam	
Gemstone massage Relaxing full-body massage with specially tailored gemstones	40 Min.
Hot stone massage Relaxing partial massage with hot lava stones, promotes purification & detoxification	40 Min.
Hot stone massage Relaxing full-body massage with hot lava stones, promotes purification & detoxification	90 Min.
Back fit massage Special massage technique with singing bowl & warm basalt stones relaxes back muscles	40 Min.
Call of the eagle Relaxing shoulder & neck massage with a liberating head massage	40 Min.
Mountaineer Follow the scent of edelweiss with a relaxing back massage & the use of mountain crystals	40 Min.
Foot massage Relaxation on the feet that affects the whole body, starting with a foot bath	40 Min.
Mountaineering massage Partial massage with warm stones on the back & calf treatment with mountain pine spirit	40 Min.
Relax under the Watzmann Full body massage including face, neck, head & foot massage	90 Min.
Classic cosmetics Skin cleansing & facial care with massage	40 Min.

WEDNESDAY 9:00 am to 12:00 pm & 3:00 pm to 7:00 pm Steffi FRIDAY 9:00 am to 12:00 pm & 3:00 pm to 8:00 pm Steffi	
Vital Balance Massage Individually tailored massage with healing oils & techniques for deep relaxation	40 Min.
Vital Balance Massage Individually tailored massage with healing oils & techniques for deep relaxation	60 Min.
Summit glow Invigorating foot & leg massage with alpenglow oil (before the mountain) or relaxing with magnesium oil (after the mountain)	40 Min.
Forest rest Relaxing shoulder & neck massage in a sitting & supine position	40 Min.
Decongestion magic Activation of the lymphatic system to detoxify & remove fluid build-up	40 Min.
Sound power of nature Deep relaxation & regeneration by striking & placing the singing bowls on the body	40 Min.
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Aroma flow massage Welcoming & relaxing, with specially tailored oil & flowing massage strokes	40 Min.
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Foot harmony Relaxation on the foot & lower leg, which has an effect on the whole body	40 Min.
Relax under the Eagle ´s Nest Gentle impulses with the melting technique release all tension in the body	40 Min.

Let yourself be completely pampered at our resort & experience
a truly relaxing vacation with the best views!

The best things in life aren't things.

THURSDAY 5:00 pm to 9:00 pm Corinna	
Vital Balance Massage Individually tailored massage with healing oils & techniques for deep relaxation	40 Min.
Vital Balance Massage Individually tailored massage with healing oils & techniques for deep relaxation	60 Min.
Summit glow Invigorating foot & leg massage with alpenglow oil (before the mountain) or relaxing with magnesium oil (after the mountain)	40 Min.
Forest rest Relaxing shoulder & neck massage in a sitting & supine position	40 Min.
Decongestion magic Activation of the lymphatic system to detoxify & remove fluid build-up	40 Min.
Aroma flow massage Welcoming & relaxing, with specially tailored oil & flowing massage strokes	40 Min.
Aroma flow massage Welcoming & relaxing, with specially tailored oil & flowing massage strokes	60 Min.
Foot harmony Relaxation on the foot & lower leg, which has an effect on the whole body	40 Min.
Alpine time-out Release muscle tension through cupping - boosting metabolism & healing powers	40 Min.
Free your head Gentle grips on the skull lead to full-body relaxation	40 Min.

SATURDAY 5:00 pm to 9:00 pm Marianna	
Hot stone massage Relaxing partial massage with hot lava stones, promotes purification & detoxification	40 Min.
Hot stone massage Relaxing full-body massage with hot lava stones, promotes purification & detoxification	90 Min.
Vital Balance Massage Individually tailored massage with healing oils & techniques for deep relaxation	40 Min.
Back fit massage Special massage technique with singing bowl & warm basalt stones relaxes back muscles	40 Min.
Call of the eagle Relaxing shoulder & neck massage with a liberating head massage	40 Min.
Summit glow Invigorating foot & leg massage with alpenglow oil (before the mountain) or relaxing with magnesium oil (after the mountain)	40 Min.
Sound power of nature Deep relaxation & regeneration by striking & placing the singing bowls on the body	60 Min.
Foot massage Relaxation on the feet that affects the whole body, starting with a foot bath	40 Min.
Mountaineering massage Partial massage with warm stones on the back & calf treatment with mountain pine spirit	40 Min.
Relax under the Watzmann Full body massage including face, neck, head & foot massage	90 Min.

